

Daily Puppy Routine & Tracker Printable
23 August 2026

Daily Puppy Routine & Tracker

Date: _____

1. Potty & Bathroom Log

Mark a check (✓) or time for each successful outdoor trip:

- ☐ **Morning:** Time: _____
- ☐ **Midday:** Time: _____
- ☐ **Afternoon:** Time: _____
- ☐ **Evening:** Time: _____
- ☐ **Bedtime:** Time: _____

2. Feeding & Water Schedule

- **Breakfast:** Time: _____ | Amount/Brand: _____
- **Lunch / Midday:** Time: _____ | Amount/Brand: _____
- **Dinner:** Time: _____ | Amount/Brand: _____
- **Water Refreshed:** ☐ Morning ☐ Afternoon ☐ Evening

3. Training & Socialization Goals

- **Today's Focus Word/Command:** _____
- **Training Session 1:** ☐ Completed (Notes: _____)
- **Training Session 2:** ☐ Completed (Notes: _____)
- **Socialization Win (New sound, texture, or place experienced):**

4. The Pet Student To-Do & Self-Care Checklist

- ☐ Completed daily study or class assignment tasks
- ☐ Dedicated walk / physical exercise time checked off
- ☐ Quality play or bonding time